SUMMER NEWSLETTER 2026

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SAVE THE DATE

CAVAT TURNS 40!

We are so excited to be celebrating Cavat Theatre Art's 40th Anniversary!

The school was founded by Jean Aslett & her mother Vera Sibley in 1987 teaching just modern and tap. Caroline Aslett took the reins of the school for 25 years expanding from 'Sanderstead Dance School' at Sanderstead Memorial Hall just a couple of evenings a week to 'Cavat Theatre Arts' spanning multiple venues, local schools, an agency and introducing exams and larger scale performances.

The school is now run by Siobhán who was also a student of Jean and Caroline over 25 years ago.

To celebrate we will be going RUBY! Keep a look out for all the exciting new merch, posters and events going on for our Ruby Celebrations!

Of course what better way to celebrate than at our Big Summer Show!!

OUR BIG SUMMER SHOW 2027 WILL BE AT THE EPSOM PLAYHOUSE!

PLEASE PUT THE FOLLOWING DATES IN YOUR DIARY!

SATURDAY 10TH JULY 2027 –

COMPULSORY DRESS AND TECH REHEARSAL AT THE EPSOM PLAYHOUSE

SUNDAY 11TH JULY 2027 –

SHOW DAY AT THE EPSOM PLAYHOUSE

THIS IS FOR ALL STUDENTS WHO ARE AGED RECEPTION AND UPWARDS (ALL THE WAY UP TO 19 YEARS OLD) AT THE TIME OF THE SHOW.

OUR MINIS SHOW WILL TAKE PLACE ON

SUNDAY 27TH JUNE 2027 AT SANDERSTEAD MEMORIAL HALL

THIS IS FOR ALL STUDENTS IN A PRESCHOOL OR MINIS CLASS WHO ARE NOT YET IN RECEPTION.

Due to the continuing rising business costs and basic school overheads we have had to review our fees for this academic year. We will continue to provide excellent teaching to the students and have so many exciting things planned to keep students performing, progressing and loving classes. Don't forget to sign up to all our social media platforms so you always see our exciting updates and competitions where you could win up to a free term of fees.

The class fees for the academic year 2026-2027 will be as follows –

Group Classes -

30min classes - £7.50

40/45min Classes - £8.75

1hour Classes - £10.50

1hr 15min Classes - £11.50

Private 1-1 Lessons (singing and dance) -
30mins - £23.50
45mins - £35.25
1hr - £47

Our team continue to progress their training regularly to benefit the students in all areas from their own teaching qualifications, adding new styles and genres to their repertoire and ensuring the whole team always have up to date first aid and safeguarding training.





CLASS PASSES 2026-2027

With show year around the corner we know how students love to add classes to their schedule in order to be in more numbers. In light of this we will be introducing a class pass system this academic year. This will be replacing our current discount system.

Please see our class pass discounts below –

Please note 1-1 (private) lessons and any free classes given within another package offer are not included in the class pass minimum numbers.

Minis Pass – (Available to students of preschool age not yet in Reception) –

3 classes for £20 per week!

5 classes for £30 per week!

5% Sibling Discount can be used alongside the above packages – One sibling receives 5% discount on their fees (this applies to the sibling with the lower invoice).





All other student passes -

Bronze Pass – 4 classes+ = 10% Discount

Silver Pass- 5 classes+ = 15% Discount

Gold Pass – 6 classes = 15% Discount + one free acro class per week

5% Sibling Discount can be used alongside the above packages – One sibling receives 5% discount on their fees (this applies to the sibling with the lower invoice).

Seniors Only Class Passes -

Free Pre Pointe / Pointe class when taking 2 ballet classes and 1 jazz technique class per week.
(please note the free pointe / pre pointe classes does not count toward the number of classes attended)

PLATINUM DISCOUNT - Upper Senior Loyalty Discount – Class Cap on 6+ Classes.
Any additional classes above the 6 enrolments can be taken free of charge (free pointe and 1-1 private lessons do not count toward the 6 classes)



NEW CLASSES COMING TO CAVAT

CHEERLEADING

Following many requests we are so excited to be introducing cheer to our timetable this academic year! We will be working alongside the BGU cheer syllabus and we are so excited to see our first cheer performance in the show next year! Spaces will be limited so make sure you register your interest here –

Please note – an acro class is compulsory to join a cheer class.

JUNIOR LYRICAL / CONTEMPORARY

We received so many emails following the 2025 show contemporary piece requesting this to start at a junior level and we are so pleased to finally be able to offer this! Contemporary is a brilliant way to help students connect with the emotions and storytelling side of dance as well as learning new ways to use their body and work in and out of the floor. It builds solid technical foundations and strength supporting in jazz, ballet and modern and has become a common requirement for vocational college auditions in recent years.

PERFORMANCE TAP

Our ISTD tap classes focus on a strict syllabus where students learn exercises and work toward an exam. We felt it was important to also offer a tap class for those who do not wish to take an exam as well as for those who would like to explore different styles of tap outside of the ISTD syllabus. This class will be exploring American Tap, Rhythm Tap, Classic Musical Theatre and Vaudeville style tap and Soft Shoe. Students will explore musicality, rhythms, musical connection and of course the performance aspect of tap that can often get lost in our exam prep. For now, this class is only available for Juniors on a Saturday but if any senior students are interested please register your interest when timetable links are emailed out this week.

1-1 DANCE SESSIONS

After years of success of our 1-1 private singing lessons, we have experimented the idea of 1-1 dance coaching over the last 2 years specifically for exams. This has led to a lot of requests for regular 1-1 slots. This works well for those who choose to add in extra training to their timetable, are wanting more 1-1 feedback, are prepping for auditions for further education in the performing arts or scholarships for educational facilities. These can also be used for those who are unable to attend certain classes on the timetable due to clashes and still wish to work toward exams.

These sessions are limited and will be offered on a first come first served basis with a waiting list running alongside. Should we have a lot of interest we will increase these classes on the timetable.

The 1-1 sessions will run in the same format as the current singing lessons – 1 teacher and 1 student per class (a 1 teacher to 2 student session can be considered in certain situations and can be assessed case by case, please email us if this is something you would like instead of 1-1). The 1-1s are excluded from all discounts and class passes/packages.

As well as usual class options we can also offer the following for 1-1s which are not a usual part of our current timetable – stretch and conditioning, audition prep and tech, kicks/leaps/turns.

NEW VENUES

We are so excited to be expanding our classes this year!

We will now be running Wednesday classes from Warlingham Secondary School as well as Sanderstead Memorial Hall. This gives us the opportunity to run more classes alongside each other for students wanting to squeeze their classes into less days rather than spreading too far over the week.



For this same reason we will also be running St Mary's Church alongside Sanderstead Memorial Hall so students can add more options to their Thursday evening timetable just a few steps down the road.



TEACHER NEWS

Bon Voyage (for now) Emilia –

Our lovely Emilia is off to join her good friend Cinderella again aboard Disney Cruises! She will be rehearsing in Canada before setting sail around the Caribbean (I know, we're not jealous at all right!)





Emilia's last day with us for this year will be Saturday 4th July but we are so excited to welcome her back and hear all about her wonderful adventures with Mickey and Minnie when she returns just in time for show time next Summer!

Being a Cavat alumni as well as a teacher we couldn't be prouder of Emilia and the inspiration she is to our students wanting to follow a career in the performing arts industry!

Safe travels Emilia and see you next year!

Emilia's classes will be taken by Siobhán (Principal) and two new teachers, see next page for details…



Introducing our newest team member - Lesley Mutombo-Agbepa

Known professionally as DaRealLesley

Lesley is a passionate dance teacher, choreographer, and performer with over 15 years of teaching experience. She has taught for the Royal Academy of Dance (RAD) for 9 years and the ISTD syllabus for 10 years, inspiring dancers of all ages and abilities, from babies and young children to adults and seniors.

She has worked with artists including Wizkid, Dizzee Rascal, Stormzy, and Giggs, as well as major brands such as Nike, Puma, Levi's, Old Navy, MAC Cosmetics, Urban Decay, Red Bull, BBC, and the BRIT Awards.

Known for her positive energy, creativity, and drive, Lesley loves sharing her passion for dance across a variety of styles while creating a fun, supportive, and inclusive environment where every student can build confidence, develop their skills, and enjoy movement.

She's Back…..

WELCOME BACK JESSIE!

Having begun her teaching career at Cavat Theatre Arts 17 years ago, Jessie is delighted to be returning to the school where her journey first began.

A graduate of the well renowned Italia Conti, Jessie holds a BA in Performing Arts and is fully qualified with the ISTD. Throughout her career, she has taught and inspired students across a variety of settings, developing a wealth of experience in dance education and performance training.

In addition to teaching, Jessie has produced and choreographed numerous dance productions, including several successful shows for Cavat in previous years. Her passion for nurturing young performers and creating engaging, high-quality performances has remained at the heart of her work.

After many years teaching further afield, Jessie is thrilled to be returning to Cavat and looks forward to sharing her experience, enthusiasm, and love of dance with the next generation of students.



STUDENT SUCCESS

Abigail Lincoln Graham

Congratulations to Abigail who successfully auditioned for post 16 at The Brit School and will be continuing her sixth form training on the Dance Strand following the completion of her GCSE years at Brit.





Nora Little

Congratulations to Nora Little who will be continuing her training at the Brit School on the Musical Theatre Strand.



Emily Bond

Congratulations Cavat Student and teaching assistant Emily who will be graduating the Brit School and continuing her training at The Brighton Academy this academic year on the BA Hons Dance Course!



Ellie Mander

Congratulations Cavat Student and teaching assistant Ellie who will be graduating the dance course at Reigate College to continue her training in Dance and Musical Theatre at Chichester University. Ellie was also given the prize of best technical dancer at Reigate College this year!

CAVAT ALUMNI SUCCESS

Eleanor Haliday

Our wonderful alumni Eleanor Haliday has just finished the tour of 'Tina' The Musical as ensemble following a successful run of UK tour Pretty Woman and West End 'Heathers'.





Tess Hill

Following a successful Summer dancing in Turkey last year, Cavat Alumni and Cover Teacher, Tess is off on her next adventure in India with 'Taylor Made Global'.

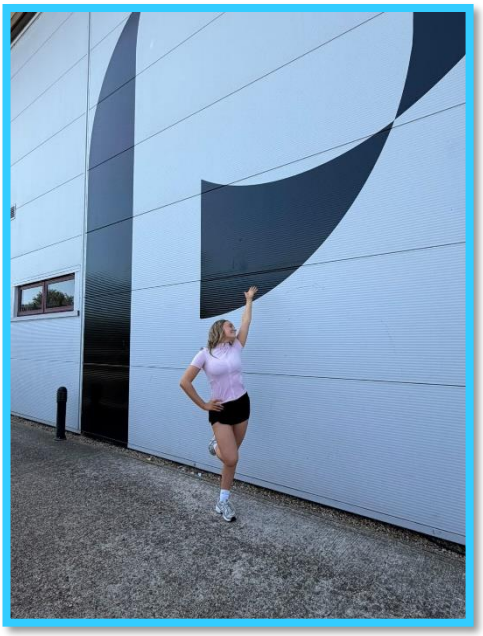
Leila Kirkwood-Ayres

After completing sixth form at The Brit School, Leila went on to train in the one-year course at Italia Conti. Leila will be continuing her vocational training at Performers College this September.



April Mcfadden

Congratulations to April McFadden who started her 3 year Dance course at Performers College this year and is loving her vocational training!





Elspeth Buchanan

Following her time at Cavat as a student and teaching assistant, Elspeth has furthered her teaching skills and has been running the tap and jazz classes at her University. She has competed in competitions and shows. Elspeth was also appointed the student welfare officer.

Eve Williams

Eve found her love for cheer when starting university and took all she learnt in her dance training at Cavat into the University cheer team and an All Star Cheer Team. She has gone on to win 5 national titles!



SUMMER WORKSHOPS











Click here to book a Sanderstead Summer Workshop

Click here to book a Minis and Me Summer Workshop

Click here to book Warlingham SIX Workshop!

EXTRA-CURRICULAR & IN SCHOOL CLASSES

Did you know we also run classes in local schools?!

We currently provide classes at the following schools –

Gresham Primary School Morning Cheer Club

Laleham Lea After School Street Dance

Laleham Lea After School Ballet

Cumnor House School for Girls Curriculum Ballet

Greenvale Primary School After School Cheer coming in September! TBC

If you would like your school to include our classes in their curriculum or extra-curricular timetable pop them an email recommending us to your school. Students attending Cavat classes and an afterschool club receive a 10% discount on their afterschool club fees within a school setting! Classes available in school settings are as follows –

Street Dance

Acro

Cheer

Ballet

Tap

Contemporary

Peri 1-1 Dance Lessons



WIN £50 TOWARD CLASS FEES

Share our facebook and Instagram video ad and be entered into our prize draw to win £50 customer credit!

PRIZE DRAW IS ON MONDAY 31ST AUGUST

Simply share to your page and/or story and tag us (remember if you do not tag us we cannot see your entry so it may not count.

CLICK HERE TO ENTER

You can also leave us a google review -

Leave us a review here!

REFER A FRIEND FOR A £10 CREDIT

HOW TO CLAIM YOUR £10 DISCOUNT!

1 – REFER A FRIEND TO OUR CLASSES

2 – TELL YOUR FRIEND TO STATE YOURS AND YOUR CHILDS NAME IN THE REFER A FRIEND BOX ON THEIR BOOKING FORM

3 – IF YOUR FRIEND SIGNS UP TO A CLASS FOR THE TERM YOU RECEIVE £10 CREDIT ON YOUR ACCOUNT TOWARD YOUR NEXT TERMS FEES!



EXAM BOARDS AND SYLLABUS

All our teachers hold the relevant qualifications in their teaching styles along with the correct insurance, DBS checks and First Aid Training.

Our current exam boards include –

Ballet, Tap, Modern and Jazz Awards

ISTD – IMPERIAL SOCIETY OF TEACHERS OF DANCING

Imperial Society of Teachers of Dancing

Approved Dance Centre

SINGING

LCM – LONDON COLLEGE OF MUSIC

THIS IS FOR ALL STUDENTS TAKING PRIVATE SINGING LESSONS

LAMDA – LONDON ACADEMY OF MUSIC & DRAMA ART

FOR ALL STUDENTS TAKING GROUP SINGING LESSONS AND ALSO AVAILABLE TO THOSE TAKING PRIVATE LESSONS.

LAMDA

LCM LONDON COLLEGE OF MUSIC

ACRO AND CHEER

ACROBATIC ARTS

ACROTRIX

BGU (BUILDING FROM THE GROUND UP CHEER)

STUDENTS DO NOT TAKE EXAMS FOR THESE CLASSES, WE PERFORM IN HOUSE ASSESMENTS TO TRACK PROGRESSION WHICH GIVES US THE FLEXIBILITY TO EXPLORE TRAINING THROUGH VARIOUS BOARDS AND INCORPERATE MANY DIFFERENT TRAINING TECHNIQUES IN THE STUDENTS CLASSES.

ACROBATIC ARTS
CREATING THE WORLD'S MOST TRUSTED ACRO PROGRAMS

BUILDING FROM THE GROUND UP

ACROTRIX

Our teachers are regularly undertaking CPD and although the above are all the exam boards we work with our teachers our also covered to work with many other boards such as RAD (Royal Academy of Dance), BBO (British Ballet Organisation).

CAVABARET 2026



Our Senior students will be taking part in our first ever seniors only cabaret on Sunday 12th July 2026 at The Chequer Mead Theatre!

Students have been working on complex group numbers as well as solos. If you are free and would like to come along and see what your child could be working toward in the future then please do come and join us and support our wonderful senior students!

You can book your tickets here –

https://www.chequermead.co.uk/shows/cavabaret-2026/

We of course would love our students to have as full an audience as possible so we hope to see lots of your lovely faces there!

SADLERS WELLS 2026

On 31st May we took 40 students to perform at the famous Sadlers Wells theatre in London.

The students performed two 5 minute numbers on the prestigious stage.

The students performed beautifully and made the teaching team so so proud! Her are some behind the scenes shots from the day.

Keep your eyes on your emails for our next big announcement for our future performance adventures.









Cavat Term Dates 2026-2027

Autumn Term –

Term Commences Monday 7th Sept

Half Term (No Classes) Sunday 18th October – Sunday 1st November

End of Term Sunday 13th December

Spring Term –

Commences Monday 4th Jan

Half Term (No Classes) Sunday 14th Feb – Sunday 21st Feb

End of Term Sunday 21st March

Summer Term –

Monday 12th April

No Classes Monday 3rd May – May Bank Holiday

Half Term (No Classes) Saturday 29th May – Sunday 6th June
Note - there are no classes on Saturday 29th May!

End of Term Sunday 11th July

Extra Diary Dates –

October Workshops – Tuesday 27th and Wednesday 28th October 10am-2pm
More info to be announced

Autumn Modern and Tap Exams – Sunday 6th December All Day TBC (awaiting exam board approval)

LCM Singing Exams for Private Singing Students – Sunday 7th Feb

February Half Term Workshop – Monday 15th Feb 10am-3pm

Show Rehearsals – Sunday 28th Feb 10am-3pm TBC

LAMDA Exams for group singing classes – Sunday 14th March

Easter Workshops – Tuesday 6th and Wednesday 7th April 10am-3pm

Show Rehearsals – Sunday 18th April 10am-3pm TBC

Show Rehearsals – Sunday 13th June 10am-3pm TBC

Minis Show (all preschool students) – Sunday 27th June – 10am-3pm – Timings to be announced

Main School Show Compulsory Dress Rehearsal at The Epsom Playhouse (all students age reception to 19 years old) – Saturday 10th July – 10am-4pm – Timings to be confirmed

Main School Show at The Epsom Playhouse (all students age reception to 19 years old) – Sunday 11th July – Matinee 12pm / Evening 5pm (timings to be confirmed)

Exam Coaching Monday 12th July – Friday 16th July 5-7pm (excluding Wednesday 14th July) (TBC)

Exam Day – Saturday 17th July ALL DAY TBC

Summer School – 10am-3pm – Monday 9th Aug-Friday 13th Aug